

2021-2022

HEALTHY  
MEALS



# Sussex Charter Middle School

## Breakfast

<b>Student Breakfast</b>	\$2.20	<b>Adult Breakfast</b>	\$3.00
<b>Reduced Breakfast</b>	\$0		

## Lunch

<b>Student Lunch</b>	\$3.50	<b>Adult Lunch</b>	\$4.00
<b>Student Entrée Only</b>	\$3.30	<b>Reduced Lunch</b>	\$0
<b>Extra Entrée with Lunch</b>	\$2.40		

## Beverages

<b>Milk</b>	\$0.70	<b>100% Juice 4 oz.</b>	\$0.60
<b>Bottled Water 16 oz.</b>	\$1.00	<b>Drinks 12 oz.</b>	\$1.25

## A-la-Carte Snacks

<b>Fresh or Chilled Fruit</b>	\$1.00	<b>Bagel with Butter</b>	\$2.00
<b>Vegetable Side</b>	\$1.00	<b>Bagel with Cream Cheese</b>	\$2.00
<b>Baked Chips</b>	1.00	<b>Soft Pretzel</b>	\$1.25
<b>Yogurt 4oz.</b>	\$1.00	<b>Fresh Baked Cookie</b>	\$0.65
<b>Yogurt Parfait</b>	\$3.50	<b>Ice Cream</b>	\$1.00
		<b>Rice Krispie Treat</b>	\$1.25
		<b>Pop Tart</b>	\$1.25



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### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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Healthy meals grow

*healthy kids!*